

“Clean Hands – a Recipe for Health”

Welcome to a WASH and nutrition seminar and working meeting in honour of the Global Handwashing Day!

Come be a part of the discussion on the importance hygiene, coupled with access to clean water and sanitation, as a fundamental basis for children’s health. The aim is to raise awareness of the importance of handwashing and allow actors to connect and strengthen collaboration on a topic which otherwise receives little attention.

Leah Richardson, WaterAid, will provide some framing discussions on the link between handwashing, food hygiene and nutrition. **Helfrid Schulte-Herbrüggen, Ecoloop**, will report results from SIANI expert group on WASH and nutrition. **Sarah Dickin, SEI**, will present some findings from research in Burkina Faso on the links between animal and human hygiene and health. **Ngolia Kimanzu, Salvation Army**, will discuss hygiene for nutrition and health in practice in Kenya and Malawi.

Please **let the organisers know if you can share some lessons or examples** on how your organisation works with hand or food hygiene and the link with nutrition and health. We are keen to make this link between our national and international work so all are welcome!

The event is free of charge, but space is limited so *please register by the 2nd November* to Carolina.Mikaelsdotter@wateraid.se

Date: 8th of November 2018

Time: 9.00 - 10:30 (arrival and coffee from 08:30)

Place: WaterAid, **Hannebergsgatan 33 Solna** (In the Sveska Kyrkan building close to Solna Centrum T-bana station)

ESSENTIAL FACTS

- Hands are the principal carriers of disease-causing germs. It is estimated that if handwashing with soap is widely practiced, approximately 230,000 deaths could be averted.
- Handwashing alone can reduce the risk of diarrheal disease by up to 44%.
- Lack of access to sanitation and poor hygiene contribute to approximately 88% of childhood deaths caused by diarrheal diseases.
- Even though handwashing is a cornerstone of public health, actual rates of handwashing around the world are quite low and vary widely. A systemic review found that, on average only 19% of people washing their hands with soap after defecation globally.

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